

- Handheld showers
- Apnea monitors
- Thermometers, fever strips and accessories
- Blood pressure kits and accessories
- Home test kits
- Alternating pressure pads/ mattresses and pumps
- Bed pads and wedges
- Scales
- Exercise equipment



- Bedding, mattresses and mattress pads
- Toilets and toilet parts
- Urinals and bedpans
- Patient lifting aids (includes lift chairs, trapeze bars, etc.)
- Miscellaneous hospital room supplies (includes disinfectants/cleaners)
- Disposable briefs, shields and undergarments
- Reusable garments and underpads
- Drip collectors
- Deodorizers
- Incontinence products
- Specialized ankle, wrist and elbow supports
- Specialized knee braces and immobilizers
- Specialized metatarsal pads/cushions
- Specialized orthopedic braces/supports
- Backrests, cervical pillows, lumbar supports and posture aids
- Joint warmers
- Orthopedic aids
- Cast boots and bandage covers
- Splints and accessories (includes cushioning materials)
- Traction equipment (belts, halters, overbed and overdoor)
- Adhesive and adhesive removers
- Irrigation products
- Night drainage sets
- Ostomy products
- Closed-end pouches
- Mini pouches
- Drainable pouches
- Pediatric pouches
- Urostomy pouches
- Patient aids for daily living
- Eating and drinking aids
- Grooming and dressing aids
- Medical alert IDs
- Medicine droppers, spoons, pillboxes, etc.
- Reachers, grippers and lifts
- Reading, writing and telephone aids
- Mastectomy bras and clothing
- Bathtub whirlpools
- Steam packs and hydrocollators
- Continuous passive motion machines
- Foot baths
- Heat lamps
- Massagers and treatment tables
- Physical therapy
- Transport equipment and restraints
- Air purifiers and filters
- Aspirators and suction machines

- Intermittent Positive Pressure Breathing (IPPB), Continuous Positive Airway Pressure (CPAP) and Bi-level Positive Airway Pressure (BiPAP) machines
- Nebulizers (includes ultrasonics and atomizers)
- Air compressors, oxygen concentrators, emergency, portable, liquid systems and tanks
- TENS units
- Caps and gowns
- Instruments and cleansers
- Irrigation trays and solutions
- Collection bags, drain bags and leg bags
- Walking aids and accessories
- Wheelchair ramps and lifts
- Wheelchairs and accessories
- Power chairs
- Scooters
- Calcium alginate
- Granules/powders
- Dressings
- Wound care

Food products

- Dairy products
- Water/vitamin water
- Cereal
- Juice
- Granola bars
- Bread



Healthy Blue

Do you need help with your health care, talking with us, or reading what we send you? Call us toll free at 1-844-521-6941 (TTY 711) to get this for free in other languages or formats.

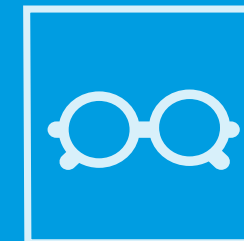
If you need these services for the Healthy Rewards program, call Healthy Rewards toll free at 1-877-878-2004.

¿Necesita ayuda con su atención médica? ¿Necesita ayuda para leer lo que le enviamos o para hablar con nosotros? Llámenos al número gratuito 1-844-521-6941 (TTY 711) para conseguir esta información sin costo en otros idiomas o formatos.

Healthy Blue is the trade name of Community Care Health Plan of Louisiana, Inc., an independent licensee of the Blue Cross and Blue Shield Association.

LA-HRAPL-0917-E CMAP HLA-C-0023-17

Healthy Rewards Approved Product List



Healthy Blue

www.myhealthyblueLA.com

HLA-PC-0004-17

Below is a list of products you can buy with your Healthy Rewards card subject to availability at our approved retailers. Healthy Blue has the right to update this list at any time. For a current list, please visit www.myhealthybluela.com/HealthyRewards.

Pain relief

(over-the-counter products)

- Pain relievers – acetaminophen, ibuprofen, aspirin and combinations
- Fever relief
- Anti-inflammatories
- Topical headache relief
- External muscle/joint pain relief patches, pads, rubs and liquids
- Sleep aids and sedatives
- Stimulants
- Motion sickness
- Restless leg treatments



Digestive health

- Antacids
- Acid controllers
- Fiber products
- Enemas
- Laxatives
- Stool softeners
- Products for lactose intolerance
- Digestive aids
- Prebiotics and probiotics
- Antigas products
- Hemorrhoid treatments

Baby care

- Baby food and formula
- Baby seats/car seats
- Baby clothing
- Baby towels and washcloths

- Baby health, beauty and wellness items
- Baby bath and hair care
- Electrolytes
- Baby therapeutic skin care (includes diaper rash)
- Baby oral and teething pain
- Baby bedding
- Breast pumps and nursing accessories (includes nursing pads and creams)
- Bottles, nipples, bottle accessories and kits
- Pacifiers and teethingers
- Feeding accessories (includes utensils, cups, bibs, etc.)
- Diapers, wipes and flushables
- Baby diaper bags, pins and pails
- Training pants and swimmers
- Overnight pants
- Baby grooming products
- Baby room and training accessories (potty seats, etc.)
- Baby safety devices
- Baby strollers, carriers, car seats and accessories
- Baby toys, playthings and gift sets



Cold and allergy

- Cough, cold and flu medications
- Cold and flu preventives/

- symptom reducers
- Sore throat pain relief
- Throat and cough drops
- Allergy, sinus and combination
- Nasal sprays, drops and inhalers
- Nasal moisturizing products and washes
- Nasal strips and snore relief
- Medicated lip treatments
- Lip moisturizers
- Asthma preparations
- Vapor products (includes waterless vaporizers)
- Vaporizers, humidifiers and accessories
- Respiratory treatments



Deodorants

- Solids, sprays, roll-ons and gels

Diabetes care

- Blood glucose monitors
- Test strips and controls
- Lancets and lancet devices
- Blood glucose testing accessories
- Diabetes care accessories
- Alcohol swabs



- Glucose tablets, gels, etc.
- Diabetes candy and foods
- Diabetes supplements
- Diabetes skin care
- Diabetes cough, cold and allergy
- Support socks
- Diabetes hemoglobin C and supplies
- Urine testing supplies
- Insulin
- Syringes
- Auto injectors, pens, kits, needles, etc.
- Pumps

Weight control/ nutritional foods

- Sugar and salt substitutes
- Weight control foods, liquids, bars and powders
- Food scales
- Weight control tablets, caps, etc.
- Nutritional liquids, powders and bars
- Sport/energy liquids, powders, tablets, caps and bars
- Diuretics
- Weight-loss cleansing and detox

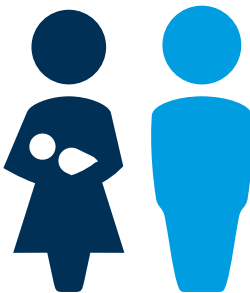
Elastics/athletic treatments

- Elastic bandages
- Protective guards
- Athletic supports and cups
- Athletic tape and wraps
- Joint warmers and arthritis products
- Braces
- Hot/cold therapy
- Electric heating pads

- Abdominal supports
- Rib belts
- Hernia supports and suspensories
- Arm slings and cervical collars
- Orthopedic and surgical support
- Support hose and accessories
- Athletic support socks
- Lymphedema treatments (sleeves, socks, pumps, etc.)
- Women’s high compression support hose (full and maternity)

Eye and ear care

- Contact lens care
- Eye relief products
- Eye wash
- Eye preparations (includes sleep masks)
- Eyeglass and lens accessories
- Reading glasses
- Magnifying glasses
- Ear drops and syringes
- Ear plugs
- Sunglasses

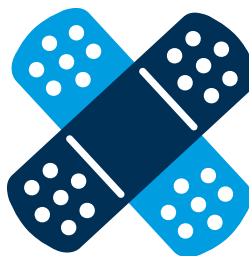


Family planning

- Female contraceptives
- Condoms
- Pregnancy kits
- Ovulation/fertility kits
- Personal lubricants

Feminine care

- Feminine pads
- Tampons
- Panty liners
- Feminine antifungal products
- Deodorants and powders
- Anti-itch products
- Feminine moisturizing products
- Douches
- Wipes and washes



First aid

- First aid kits and supplies
- Bandages and dressings
- First aid tapes and adhesives
- Antiseptics, antibiotics and medicated products (includes alcohol, peroxide, epsom salt, etc.)
- Burn and scar treatments
- Skin protectants (includes petroleum jelly)
- Wound cleansers (includes saline)
- Lice treatments and accessories
- Antiparasitic treatments and accessories
- Rubber gloves
- Masks (respiratory, barrier, etc.)
- Hydrocortisone products
- Anti-itch treatments

Foot care

- Foot moisturizers and exfoliators
- Foot pain relief
- Heel and arch
- Shoe insoles, inserts and cushioning
- Corn, callus and bunion pads
- Corn and callus removers
- Odor and wetness treatments
- Antifungal treatments
- Wart removers



Hair care

- Shampoos
- Conditioners
- Scalp treatments
- Hair treatments
- Styling products (mousse, gel, hairspray, pomade and wax)
- Styling aids
- Permanents and rods
- Curl kits
- Chemical relaxers
- Temporary and permanent hair color
- Hair growth products

Alternative therapy

- Acupressure
- Aromatherapy
- Magnetic therapy
- Homeopathic remedies

Hair removal

- Razors and blade refills
- Shaving creams and aftershave
- Hair removal products
- Hair color



Oral care

- Toothpaste
- Toothbrushes
- Electric toothbrushes and refills
- Denture adhesives, cleaners and accessories
- Denture repair and pain relief
- Mouthwash
- Floss and flossers
- Gum care
- Dental gum
- Breath fresheners (includes strips)
- Therapeutic breath treatments
- Oral pain relief and mouth sore products
- Dry mouth products
- Temporary dental repair
- Fluoride treatments

Skin care

- Acne treatments
- Cleansers, soaps, scrubs and masks
- Moisturizers
- Medicated and specialty soaps
- Astringents, toners, pads and towelettes
- Pore strips
- Facial sponges
- Makeup removers
- Body washes and gels
- Instant hand sanitizers
- Cosmetic puffs and pads
- Hair removal products
- Body and facial waxes

- Body and facial bleaches
- Bath products (sponges, bubble bath, powder, etc.)
- Eye treatments
- Lip treatments

Smoking deterrents

- Nicotine patches
- Nicotine gum

Sun care

- Sunblock
- After-sun skin care
- Sunless tanning products

Travel supplies

- Travel containers
- Travel bags and organizers

Vitamins/dietary supplements

- Multivitamins
- Echinacea
- Garlic
- Ginkgo biloba
- Ginseng
- St. John’s Wort
- Herbals and botanicals
- Glucosamine chondroitin
- Soy
- Enzymes, amino acids and hormones
- Essential fatty acids (fish oil, flax, GLA, etc.)
- Calcium
- Iron
- Mineral supplements



Home health care

- Bathtub safety items and accessories
- Toilet rails and frames
- Elevated toilet seats
- Grab bars
- Sitz baths