



Benefits overview

What you get with Healthy Blue

You get all your Medicaid benefits, plus these extra benefits and services. You can find out more in our member handbook.

Free adult dental care

Oral exams and teeth cleaning every six months and X-rays once a year.

Free adult vision care

Eye exam, glasses (frames and lenses) and get a \$40 allowance toward the cost of nonstandard glasses once a year.

Healthy Rewards are dollars put onto a debit card when you go to doctor visits.

You get:

- \$20 for well-baby visits (from birth to 12 months)
- \$20 for yearly well-child visit (ages 13 months to 9 years)
- \$30 for yearly adolescent well-child visit (ages 10 to 20)
- \$15 for adult wellness visits (ages 21 and older)
- \$10 for diabetic HgA1c screening
- \$10 for diabetic nephropathy screening
- \$10 for diabetic eye exam
- \$10 for high blood pressure medication pharmacy fills
- \$10 for follow-up with provider after behavioral health hospitalization
- \$15 for sexually transmitted infection screening
- \$5 for getting a flu shot
- \$25 for pregnant members for going to a prenatal visit in their 1st trimester or within 42 days of enrollment
- \$50 for new moms for going to their postpartum visit 21-56 days after delivery

Programs for pregnant women and new moms

- Pregnant women get a self-care book and educational materials as part of our **New Baby, New LifeSM** program. Earn up to \$75 on your Healthy Rewards for going to all of your doctor visits.
- **Warm Health** is a program for eligible members to get tips on how to have a healthy pregnancy.
- For new moms who can't get to the doctor office, we offer in-home postpartum visits.
- You can get a free portable crib or car seat for your child when you get required prenatal visits.

- You can get a free booster seat when your child gets the required well-child visits before his or her sixth birthday.
- For boys, we offer free circumcision.

Free Weight Watchers® meetings

Eligible members age 18 and older can learn how to live healthier lives.

Free cellphone

A free cellphone with free monthly minutes, data and text messages, plus free calls to Member Services.

Respite care for caregivers

Eligible caregivers of Healthy Blue members can get up to eight hours of respite services each month for much-deserved breaks.

A duffel bag and welcome kit for foster children

Children in foster care enrolled in Healthy Blue get a welcome kit with a toy and some items to keep them healthy.

Free Boys & Girls Club membership

Members ages 6-18 can get free memberships to participating Boys & Girls Clubs.

Community Resource Link

Free online search tool to help members find health and wellness resources and groups in the community.

Over-the-counter medicine

Low copays for over-the-counter medicine with a prescription from a doctor, when filled at a pharmacy that works with Healthy Blue.

Healthy Families

Eligible families can join a nutrition and fitness program to help you get and stay healthy.

Case management program

Eligible members can get nurses to help you with long-term conditions like:

- Asthma
- Coronary artery disease
- Diabetes
- Obesity

Online tools

We have online tools to help you get and stay healthy. The tools can help you:

- Get more exercise
- Eat better
- Quit smoking

Do you need help with your healthcare, talking with us, or reading what we send you? Call us toll free at 1-844-521-6941 (TTY 711) to get this for free in other languages or formats.

¿Necesita ayuda con su atención médica? ¿Necesita ayuda para leer lo que le enviamos o para hablar con nosotros? Llámenos al número gratuito 1-844-521-6941 (TTY 711) para conseguir esta información sin costo en otros idiomas o formatos.