



www.myhealthybluela.com

Heart conditions

Healthy Blue covers health care and support services based on your heart condition. Some are coronary artery disease (CAD), hypertension and congestive heart failure (CHF). Services include:

- Heart health education materials and one-on-one support with a nurse
- Medical equipment you need, such as a scale, to help you manage your health
- A home health nurse when needed for diet help and when and where to go for care
- Data about heart education programs in your area
- Phone calls to you and your doctors to track your progress
- Information about heart education programs in your area

More cardiac resources

- [American Heart Association](#)
- [Heart Health](#)

Do you need help with your healthcare, talking with us, or reading what we send you? Call us toll free at 1-844-521-6941 (TTY 711) to get this for free in other languages or formats.

¿Necesita ayuda con su atención médica? ¿Necesita ayuda para leer lo que le enviamos o para hablar con nosotros? Llámenos al número gratuito 1-844-521-6941 (TTY 711) para conseguir esta información sin costo en otros idiomas o formatos.

Healthy Blue is the trade name of Community Care Health Plan of Louisiana, Inc., an independent licensee of the Blue Cross and Blue Shield Association.