

Lung conditions

Healthy Blue covers health care and support services based on your lung condition. Lung conditions include asthma and chronic obstructive pulmonary disease (COPD). Services include:

- One-on-one support from a DMCCU case manager
- Written education materials sent to your home
- Medical equipment you need, such as:
 - Nebulizers
 - Spacers
 - Peak flow meters
- A home health nurse when needed to show you:
 - How to use asthma medicine
 - When and where to go for care
 - How to stay away from things that trigger asthma attacks
- Information about education programs in your community
- Phone calls to you and your doctors to track your progress

More lung condition resources

- [American Lung Association](#)
- [AANMA - Allergy & Asthma Network Mothers of Asthmatics](#)
- [National Heart, Lung, and Blood Institute \(NHLBI\)](#)

Do you need help with your healthcare, talking with us, or reading what we send you? Call us toll free at 1-844-521-6941 (TTY 711) to get this for free in other languages or formats.

¿Necesita ayuda con su atención médica? ¿Necesita ayuda para leer lo que le enviamos o para hablar con nosotros? Llámenos al número gratuito 1-844-521-6941 (TTY 711) para conseguir esta información sin costo en otros idiomas o formatos.

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